



USD 481 Breakfast & Lunch Menus

# AUGUST 2017



Date	Breakfast	Lunch
August 16	W.G. Cereal, Scrambled Eggs, Fruit, Juice, Milk	Pig in a Blanket, Potato Wedges, Broccoli w/ Cheese, Apple, Milk
August 17	W.G. Bagel w/ Cream Cheese, Fruit, Juice, Milk	Chicken Wrap, Romaine & Tomato, Spanish Rice, Fresh Baby Carrots, Tropical Fruit, Milk
August 18	W.G. Pancake w/ Syrup, Sausage, Fruit, Juice, Milk	Spaghetti w/ Meat Sauce, Garden Spinach Salad, Peas, Garlic Bread(9-12), Melon, Milk
August 21	Breakfast Burrito w/ salsa, Fruit, Juice, Milk	W.G. Chicken Nuggets, Potatoes & Gravy, Fresh Broccoli, W.G. Roll(9-12) Peaches, Milk
August 22	Scrumptious Coffee Cake, Fruit, Juice, Milk	Turkey & Cheese Sub, Romaine & Tomato, Oven Fries, Tropical Fruit, Graham Snacks(9-12), Milk
August 23	W.G. Cereal, Scrambled Eggs, Fruit, Juice, Milk	Chef Salad, W.G. Crackers, Celery & Cucumbers, W.G. Cinnamon Roll, Orange, Milk
August 24	Baked French Toast Strips w/ Syrup, Yogurt, Fruit, Juice, Milk	<b>Birthday Treats:</b> Hamburger on a W.G. Bun, Romaine & Tomato, Sweet Potato Fries, Melon, Rice Crispy Bar(9-12) Milk
August 25	W.G. Angel Biscuit w/ Gravy, Fruit, Juice, Milk	Macaroni & Cheese w/ Meatballs, Peas, Fresh Baby Carrots, W.G. Bread Slice w/ Jelly, Pears, Milk
August 28	Breakfast Quesadilla, Fruit, Juice, Milk	BBQ Chicken on a W.G. Bun, Sweet Potato Puffs, Baked Beans, Applesauce, Oatmeal Cookie, Milk
August 29	W.G. Waffle Sticks w/ syrup, Fruit, Juice, Milk	Beef & Bean Burrito, Romaine & Tomato, Mexican Corn, W.G. Tortilla Chips & Salsa, Grapes, Milk
August 30	W.G. Cereal, Scrambled Eggs, Fruit, Juice, Milk	Stromboli, Garden Spinach Salad, Fresh Carrots, Mandarin Oranges, Milk
August 31	Breakfast Sundae, Raisins, Juice, Milk	Ham Slice, Sweet Potatoes, Green Beans, Angel Biscuit w/ Jelly, Apple, Milk

**1% White Milk and Fat-free Chocolate Milk are served at both breakfast and lunch.  
Each day an extra fruit is offered for 9 thru 12.**

This is an equal opportunity program. If you believe you have been discriminated against because of race, color, national origin, age sex, or handicap, write immediately to the Secretary of Agriculture, Washington, D.C. 20205

*"USDA is an equal opportunity provider and employer."*